

## Welcome!

Like most people, Jzeela Gheisar has many aspects to her. She considers herself an Intuitive Channel, a connective resource to other realms, including one's physical, mental, emotional, astral, and auric fields. Jzeela utilizes her gifts with the intention to bring about the highest good for all. She has a Masters Degree in Counseling Psychology, is licensed in the state of CA in Marriage Family Therapy (CA LMFT #98994) and is also a Certified Hypnotherapist. The metaphysical services are intended to strengthen the person's internal resourcing, re-connect the person to their divinity, re-calibrate their direction, and rejuvenate their energy centers into alignment.

## Services Offered

Metaphysical services know no bounds, and most services can be experienced via online platform from anyone around the world. Please read the offered services below and please fill out a metaphysical inquiry form; this will help your practitioner assess your needs and the level of appropriateness for services. The emotional experience in every session, workshop, class or retreat may vary. Emotionally expressive sessions may cause you to leave session preoccupied with the revelations, emotions, realizations and thoughts of that experience. Please be patient and compassionate towards yourself as healing is a journey.

Jzeela offers various classes, often facilitates workshops and retreats. Please see past events on the QCH website for details.

Insurance does not cover metaphysical services. If you would like psychotherapy services, please fill out the Therapy Inquiry Form and be advised that Miss Gheisar is only able to provide psychotherapy services in the state of California at this time.

**Transpersonal Psychotherapy** offers an integrated approach to healing and wellbeing that combines traditional psychotherapeutic techniques with spiritual practices. You can expect to explore their specific emotional and psychological issues in a safe and supportive environment while also discovering your own unique spiritual path. Through

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this approach, you can gain a deeper understanding of yourself and your relationship to the world around you.

**Algorithm Alchemy** provides powerful manifestation coaching, designed to help you create the life of your dreams. Our experienced coach uses powerful techniques to help you tap into your highest potential and create the life you desire. With Algorithm Alchemy, you can experience the transformation of manifesting your best life.

**Intuitive Aura Reading** provides a unique spiritual experience, allowing you to connect with your inner wisdom and the those beyond the physical plane. Through this connection, it's possible for it to be your Spirit Team communicating, a loved one who has transitioned, or your Higher Self sending a message. Gain insight and clarity to help you on your journey.

**Transpersonal Hypnotherapy** offers a unique and powerful form of healing for those seeking to deepen their understanding of themselves. During the session, the therapist helps to uncover and explore the unconscious and spiritual aspects of the individual, allowing for greater insight and personal growth. Through the use of hypnosis, you can expect to reach an altered state of awareness and access deeper levels of consciousness to gain a better understanding of their challenges and create positive change in their lives.

Examples: Meeting the Higher Self, Inner Child, Past Life Regression, Akashic Records, Meeting your Spirit Team

**Tarot Readings** is an ancient practice that can provide spiritual insight and clarity. Our reader uses their intuitive gifts to interpret the cards and provide meaningful guidance that can help you gain a deeper understanding of yourself and your life. Through this ancient practice, you can find the answers you seek and the guidance you need to move forward.

## Sessions

When at the venue, please refrain from bringing pets, guests and/or children to your individual sessions, unless previously discussed and arranged with your practitioner. Please do not leave children unattended in the waiting area or in the vehicle during your session, as it is a safety risk. No weapons, concealed or otherwise, are allowed in the building. When using tele-services, please make sure you have a stable connection to wifi/data for minimal technical interruptions. Please select a quiet space with privacy. Please ensure you have ample tissues, water nearby if taking part in an online session. Metaphysical sessions may also be conducted in a public place including a coffee shop, park, or other agreed upon location. Please be mindful that although these public settings will be agreed upon prior to session, privacy cannot be entirely secured due to the nature of the setting.

## No Show/Cancellation/Arriving Late

As a convenience, your practitioner may send appointment text reminders. It is not the responsibility of the practitioner to remind the person of the appointment at the hour of session. You may request email or text reminders when you create a log in and request to book through the online calendar. These text messages are sent via a third party automated system using [wix.com](http://wix.com).

A “no show” is when a person does not call, text, or notify the practitioner at all of their intent to miss their appointment.

A “late cancel” is when a person notifies the practitioner of their intent to miss the appointment, less than 48 hours (2 days) in advance.

Should you arrive 15+ minutes late to your appointment, your practitioner will count it as a no show and you will be responsible for the full payment of the booked service. This applies to both face-to-face and tele-therapy sessions.

Person is still responsible to communicate any intended cancellations, even outside of those hours of operation, weekends/holidays included. When requesting a rescheduling of your appointment, note that any change requests made after 5pm may not be seen by practitioner until next business day. Cancellation texts made after 5pm will be counted towards the ‘48hrs in advance’ notice.

### No Show/Late Cancellation Fees

**The fee for a no show or late cancellation, is the entire cost of the service booked. This applies to both face-to-face, tele-services, classes, workshops. No refunds are issued.**

### Fee Agreement:

Payment for services, are due **upon booking the service**. Payment is accepted through Venmo (@QCH11), Apple Pay, and Zelle. Please contact your practitioner for further details. There are no refunds for missed sessions.

### Emergencies

Your practitioner is not an emergency service; in case of a mental or medical emergency, call 911 or go to the nearest hospital.

### Social Media

Your practitioner has business social media accounts open to the public. QCH's website may also offer a community page. Please note that utilizing the messaging systems on social media is not an acceptable form of communicating rescheduling, cancellations, etc. Please be mindful of the public nature of your comments, and use discretion when divulging private information. Practitioner's social media accounts are not a form of emergency services or sessions.

### Outside Contact

It's a small world! Should a person come across the practitioner outside of the office, she will not acknowledge the person first, in an effort to maintain person's confidentiality. It will be up to the person to determine if he/she/they would like to acknowledge their relationship and the type of relationship in public.

## Limits to Confidentiality

As a mandated reporter, by law, the practitioner must break confidentiality and notify the appropriate authorities in cases of any suspected child, elder, and/or dependent adult abuse. Child is defined as anyone under the age of 18. Elder is defined as anyone 65 years of age and older. A dependent adult is defined as a person 18 years of age or older who is unable to protect their own interests or unable to adequately perform or obtain services necessary to meet essential human needs, as a result of a physical or mental condition. Abuse can include physical, emotional, verbal, sexual, financial, and neglect. Should a person disclose they have intentions to harm an intended victim(s), it is the legal and ethical duty of the healthcare professional to break confidentiality. In such cases, the clinician is required by law to warn the intended victim and alert legal authorities. In the event that a person discloses he/she/they have intention to harm themselves, it is the legal and ethical duty of the healthcare professional to break confidentiality in an effort to obtain additional support to help the person.

As a convenience to persons, your practitioners sends appointment text reminders. This may be through an automated system using a third party app such as Wix.com. At times, there may be a need to utilize other electronic means of communication, including email, fax, voice message, etc. Please remember that although your clinician takes careful measures to protect your confidentiality, it is not guaranteed when using such electronic methods of communication. It is recommended to only disclose information electronically that you are comfortable sharing while acknowledging the potential compromise.

Should there be an emergency occur during the session, the clinician will call upon necessary emergency services or emergency contact in an effort to support the person.

### IN-PERSON VISITS & SARS-CoV-2 ("COVID-19")

This practitioner periodically holds in-person sessions, groups, classes, and/or workshops in the community. In order to make efforts towards keeping all involved safe, please understand the following:

- You can only attend if you are symptom-free (For symptoms, see: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>);

- If you are experiencing symptoms, you can switch to a tele-services appointment or cancel.

- You must follow all safety protocols established by the practice, including:

- Following the check-in procedure;

- Washing or sanitizing your hands upon entering the practice;

- Adhering to appropriate social distancing measures;

- Wearing a mask, if required;

- Telling your Provider if you have a high risk of exposure to COVID-19, such as through school, work, or commuting; and

- Telling your Provider if you or someone in your home tests positive for COVID-19.

- Your Provider may be mandated in the future to report to public health authorities if you have been in the office and have tested positive for infection. If so, your Provider may make the report without your permission, but will only share necessary information.

Your Provider will never share details about your visit. Because the COVID-19 pandemic is ongoing, your ability to meet in person could change with minimal or no notice. By signing this Consent, you also understand that you could be exposed to COVID-19 if you attend in-person sessions.